



Supplemental
Nutrition
Assistance
Program

National Disabilities Forum

Supplemental Nutrition Assistance Program Education (SNAP-Ed)



SNAP Nutrition Education



SNAP-ED'S GOAL FOR SNAP PARTICIPANTS:



Healthy Food Choices



Limited Budget



Physically Active Lifestyle



Improve Nutrition Security

Prevent diet-related chronic disease and obesity



SNAP-Ed Funding

In order to receive funding, states must submit an annual plan to FNS that include:

- Needs Assessment
- Target Audience
- Interventions
- Budget Information
- Other

[SNAP Ed Plan Guidance](#)



USDA



CELEBRATING

30 years
of SNAP-Ed



History of SNAP-Ed

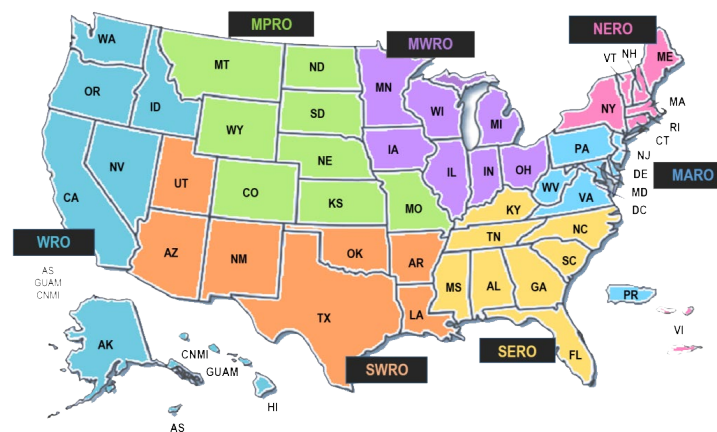
1992



2022

Seven States:

- New Hampshire
- Ohio
- New York
- Minnesota
- Wisconsin
- Oklahoma
- Washington



Expanded to all 50 States, District of Columbia, Virgin Islands, and Guam.

Implements:

- Direct Education
- Social Marketing
- Policy, Systems and Environmental Change (**PSE**) Strategies

Primarily Direct Education

Nutrition Security

Nutrition security means all Americans have consistent access to the safe, healthy, affordable foods essential to optimal health and well-being. Nutrition security builds on food security by focusing on how the quality of our diets can help reduce diet-related diseases. It also emphasizes equity and tackling long-standing health disparities.

[Nutrition Security | USDA](#)

WHAT IS NUTRITION SECURITY?

Consistent access to nutritious foods that promote optimal health and well-being for all Americans, throughout all stages of life.



Nutrition Security

HOW WILL WE ACHIEVE NUTRITION SECURITY?



Providing nutrition support throughout all stages of life



Connecting all Americans to healthy, safe, affordable food sources



Developing, translating, and enacting nutrition science through partnership

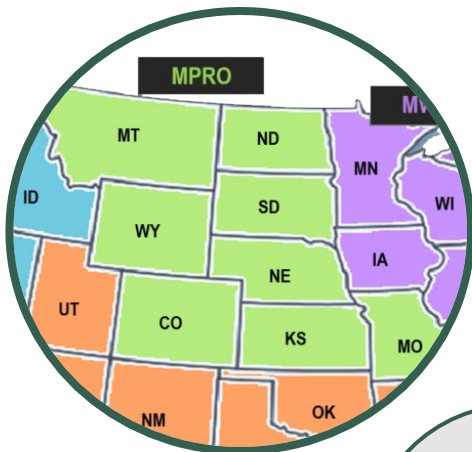


Prioritizing equity every step of the way



Emphasis on Equity





Kansas

GROW A GARDEN PROGRAM

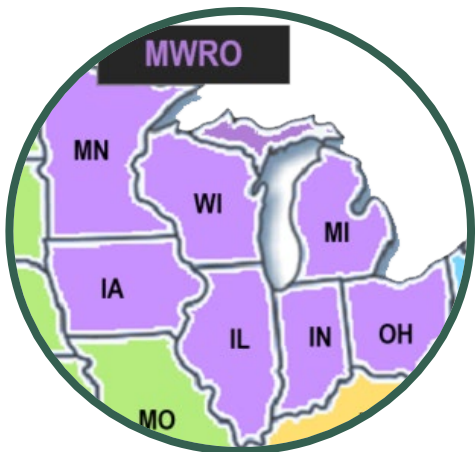
Special Olympics Missouri | Special Olympics Kansas

K-STATE Research and Extension | SNAP | Special Olympics Health | CDC | United Healthcare

Enabling athletes to:

- Grow healthy foods
- Strengthen healthy eating habits
- Strengthen gardening skills

[Grow a Garden Program](#)



Michigan

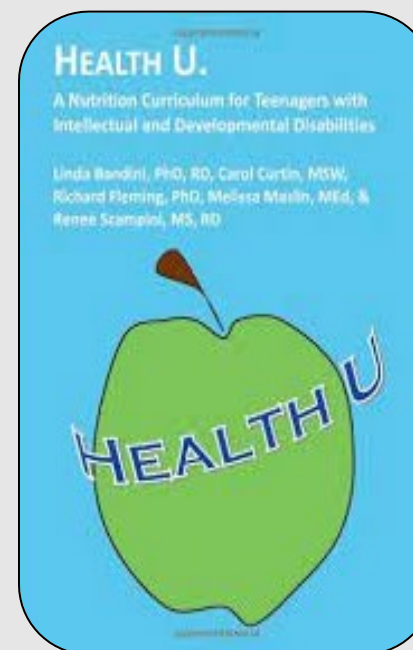


SNAP-Ed

MICHIGAN FITNESS FOUNDATION

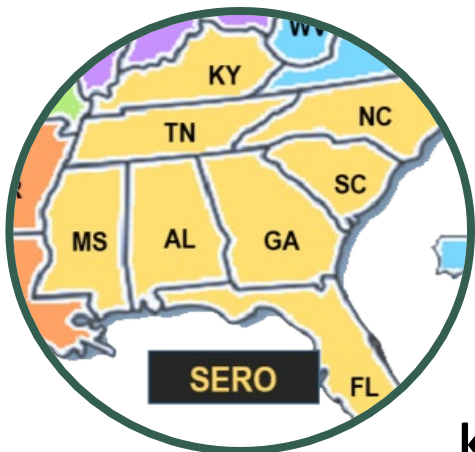
Partnered with the Disability Health Program at MDHHS to expand nutrition education programming/resources to meet needs of people with disabilities.

Minnesota



[Health U](#)

The *Nutrition Curriculum for Teenagers with Intellectual and Developmental Disabilities* is catered to adolescents and young adults with mild to moderate intellectual disabilities.



Kentucky



Developed *Healthy Choices for Every Body (HCEB)*

- Handouts in Braille
- Cooking classes for students with Down Syndrome
- Adaptive kitchen equipment
- *Working with Individuals with Disabilities*



UK HCEB

Tennessee



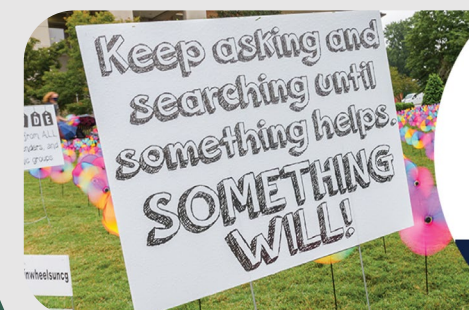
**EATING SMART
BEING ACTIVE**

TSU provides nutrition education to disability agencies and rehabilitation centers through *Eat Smart, Being Active* curriculum.

North Carolina

Recipe for Success program provides nutrition education to:

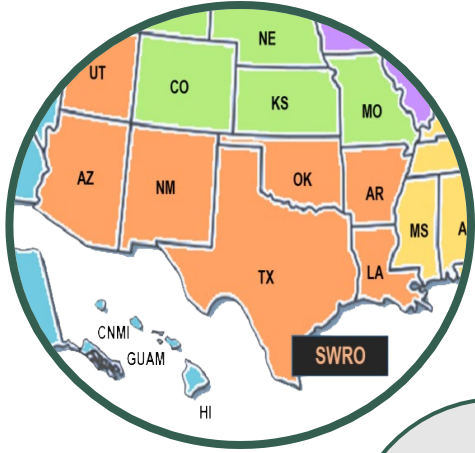
- Veterans suffering from Depression, PTSD
- Individuals with physical and/or learning disabilities



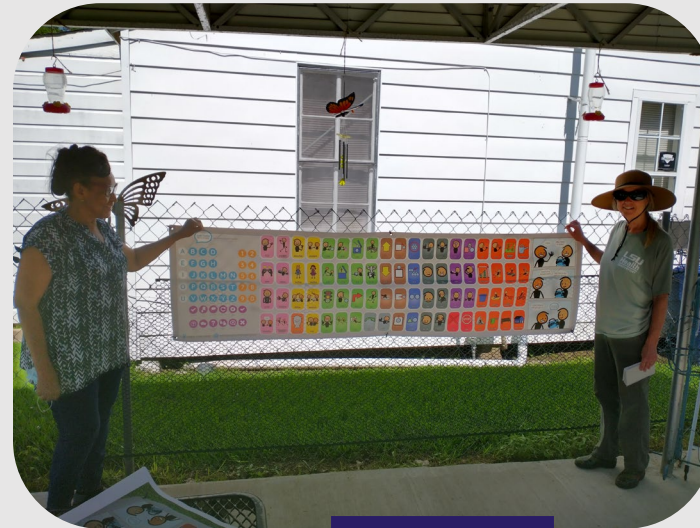
Questions?
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Louisiana



More Accessible Community Health Hub





Summary



Providing nutrition support throughout all stages of life



Connecting all Americans to healthy, safe, affordable food sources



Developing, translating, and enacting nutrition science through partnership



Prioritizing equity every step of the way



CELEBRATING

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of SNAP-Ed

Educating Communities | Promoting Nutrition Security

Thank You!

Visit the SNAP-Ed
Connection Website:

<https://snaped.fns.usda.gov>